



KERALA AQUATIC ASSOCIATION

(STATE UNIT OF SWIMMING FEDERATION OF INDIA & MEMBER OF KERALA STATE SPORTS COUNCIL)

14th Kerala State Masters Swimming Championship-2025-26
On 18th & 19th October-2025 at Believers Church Swimming Pool, Believers Church
Residential School, Kuttapuzha, Thiruvalla.

FINAL RESULT

	<u>Men</u>	<u>Group</u>	25-29
1 - <u>50 M. Freestyle</u>			
I	VISHNU VINOD	Idukki	00:27:90
II	HAJAJ SOORI	Kollam	00:40:76
III	SOORAJ K NAIR	Kollam	00:43:46
IV	SANOJ K	Kollam	00:44:09
2 - <u>100 M. Freestyle</u>			
I	DIJEESH D	Thrissur	01:12:12
II	ASRITH MURALI T M	Kozhikode	01:25:36
3 - <u>200 M. Freestyle</u>			
I	DIJEESH D	Thrissur	02:38:04
II	NAVEEN KRISHNA	Thrissur	03:07:85
III	ASRITH MURALI T M	Kozhikode	03:22:13
4 - <u>400 M. Freestyle</u>			
I	DIJEESH D	Thrissur	05:44:17
II	NAVEEN KRISHNA	Thrissur	06:56:72
5 - <u>50 M. Back stroke</u>			
I	DIJEESH D	Thrissur	00:37:06
II	NAVEEN KRISHNA	Thrissur	00:40:17
III	ASRITH MURALI T M	Kozhikode	00:40:71
IV	SOORAJ K NAIR	Kollam	00:48:08
V	Abhilash PM	Kozhikode	01:00:87
6 - <u>100 M. Back stroke</u>			
I	ASRITH MURALI T M	Kozhikode	01:43:14
7 - <u>50 M. Breast stroke</u>			
I	Abhilash PM	Kozhikode	00:46:50
II	RAHUL RAJESH	Kollam	01:04:42
8 - <u>100 M. Breast stroke</u>			
I	Abhilash PM	Kozhikode	01:53:53
9 - <u>50 M. Butterfly stroke</u>			
I	RAHUL RAJESH	Kollam	00:54:85
10- <u>100 M. Butterfly stroke</u>			
I	VISHNU VINOD	Idukki	01:20:48
11- <u>200 M. Individual Medley</u>			
I	NAVEEN KRISHNA	Thrissur	03:39:60

Men Group 30-34

1 -	<u>50 M. Freestyle</u>		
I	MOHAMMED HASSAN C	Malappuram	00:25:05
II	SUNEESH R	Thrissur	00:28:15
III	DIRAN M	Thrissur	00:28:63
IV	NITHIN K RAJ	Kollam	00:34:84
V	SAJEEV S V	Kollam	00:43:35
VI	AKASH KRISHNAN	Alappuzha	00:46:23
VII	ANOOP KUMAR	Kottayam	00:46:23
VIII	MOHAMMED FABER	Ernakulam	00:47:55
2 -	<u>100 M. Freestyle</u>		
I	MOHAMMED HASSAN C	Malappuram	00:58:39
II	SUNEESH R	Thrissur	01:04:53
III	JINAN.E.V	Thrissur	01:20:64
IV	UNNI V B	Thrissur	01:29:26
3 -	<u>200 M. Freestyle</u>		
I	MANOJ M B	Alappuzha	02:25:58
II	DIRAN M	Thrissur	02:40:15
III	UNNI V B	Thrissur	03:38:63
IV	MOHAMMED FABER	Ernakulam	04:07:24
V	ANOOP KUMAR	Kottayam	04:24:27
4 -	<u>400 M. Freestyle</u>		
I	DIRAN M	Thrissur	05:50:70
II	Vaishakh.U	Thrissur	07:27:25
III	ANOOP KUMAR	Kottayam	07:50:67
IV	UNNI V B	Thrissur	08:03:19
V	FIROZ ANTHOOR	Malappuram	08:29:93
VI	MOHAMMED FABER	Ernakulam	08:49:30
VII	SHELEEL ABDUL LATHEEF	Idukki	09:50:01
5 -	<u>50 M. Back stroke</u>		
I	SUNEESH R	Thrissur	00:37:99
II	NITHIN K RAJ	Kollam	00:44:59
III	UNNI V B	Thrissur	00:48:06
6 -	<u>100 M. Back stroke</u>		
I	Vaishakh.U	Thrissur	01:55:12
II	JINAN.E.V	Thrissur	01:58:26
7 -	<u>50 M. Breast stroke</u>		
I	JINAN.E.V	Thrissur	00:41:65
II	Sabari S	Thrissur	00:44:45
III	AKASH KRISHNAN	Alappuzha	00:46:50
8 -	<u>100 M. Breast stroke</u>		
I	Sabari S	Thrissur	01:23:84
II	Vaishakh.U	Thrissur	01:35:96
III	AKASH KRISHNAN	Alappuzha	01:50:79
IV	FIROZ ANTHOOR	Malappuram	01:53:54
9 -	<u>50 M. Butterfly stroke</u>		
I	MOHAMMED HASSAN C	Malappuram	00:28:32
II	DIRAN M	Thrissur	00:30:24
III	JINAN.E.V	Thrissur	00:37:17
10 -	<u>100 M. Butterfly stroke</u>		
I	DIRAN M	Thrissur	01:13:42
II	Vaishakh.U	Thrissur	02:10:24
11 -	<u>200 M. Individual Medley</u>		
I	Sabari S	Thrissur	03:32:46

Men Group 35-39

1 -	<u>50 M. Freestyle</u>		
I	JAISON JAMES	Kottayam	00:28:99
II	VARGHESE THOMAS	Alappuzha	00:34:98
III	RAMESH V	Thiruvananthapuram	00:38:25
IV	Akhil James	Idukki	00:49:97
V	Rajeel E R	Thrissur	00:56:58
2 -	<u>100 M. Freestyle</u>		
I	MANEESH T MOHAN	Thiruvananthapuram	01:07:17
II	VARGHESE THOMAS	Alappuzha	01:24:38
III	MANOJ R WARRIER	Thrissur	01:59:91
3 -	<u>200 M. Freestyle</u>		
I	MANEESH T MOHAN	Thiruvananthapuram	02:39:34
II	BIBIN THOMAS	Kottayam	02:59:29
III	MANOJ R WARRIER	Thrissur	04:21:22
IV	Akhil James	Idukki	04:35:60
4 -	<u>400 M. Freestyle</u>		
I	MANEESH T MOHAN	Thiruvananthapuram	05:53:77
II	JIJITH.TT	Kozhikode	08:03:17
III	Akhil James	Idukki	09:41:52
IV	MANOJ R WARRIER	Thrissur	10:20:77
V	ABDUL RASAK K.M	Kozhikode	11:33:13
VI	JOSEPH SEBASTIAN	Kottayam	13:06:77
5 -	<u>50 M. Back stroke</u>		
I	JIJITH.TT	Kozhikode	00:57:40
II	ABDUL RASAK K.M	Kozhikode	01:07:62
6 -	<u>100 M. Back stroke</u>		
I	LAIJU JOHN	Alappuzha	01:30:41
7 -	<u>50 M. Breast stroke</u>		
I	BIBIN THOMAS	Kottayam	00:40:27
II	LAIJU JOHN	Alappuzha	00:41:28
III	VARGHESE THOMAS	Alappuzha	00:45:77
8 -	<u>100 M. Breast stroke</u>		
I	BIBIN THOMAS	Kottayam	01:31:30
II	LAIJU JOHN	Alappuzha	01:36:39
III	Akhil James	Idukki	02:05:38
IV	MANOJ R WARRIER	Thrissur	02:14:09
9 -	<u>50 M. Butterfly stroke</u>		
I	MANEESH T MOHAN	Thiruvananthapuram	00:31:95
II	BIBIN THOMAS	Kottayam	00:34:43
III	SUJITH. C. S	Thrissur	01:03:91
10-	<u>100 M. Butterfly stroke</u>		
I	SUJITH. C. S	Thrissur	02:55:20
11-	<u>200 M. Individual Medley</u>		
I	LAIJU JOHN	Alappuzha	03:23:55
II	RAMESH V	Thiruvananthapuram	05:07:94
III	SUJITH. C. S	Thrissur	06:37:20

Men Group 40-44

1 -	<u>50 M. Freestyle</u>		
I	SUJITH PS	Alappuzha	00:28:38
II	SUDHEESH B	Alappuzha	00:30:19
III	Mobiraj T	Thrissur	00:31:84
IV	BINOY SCARIA	Alappuzha	00:32:26
V	MADHUSHAN V	Kasargod	00:37:12
VI	SIBUMON T M	Ernakulam	00:37:12
VII	LIDHEESH C	Kozhikode	00:39:10
VIII	RATHEESH KUMAR. R	Kollam	00:39:21
2 -	<u>100 M. Freestyle</u>		
I	SUDHEESH B	Alappuzha	01:12:42
II	Mobiraj T	Thrissur	01:15:99
III	JOHN PAUL PC	Alappuzha	01:28:12
IV	MADHUSHAN V	Kasargod	01:33:74
V	Mathew Sebastian	Kottayam	01:40:03
3 -	<u>200 M. Freestyle</u>		
I	SUJITH PS	Alappuzha	02:44:42
II	SIBUMON T M	Ernakulam	04:00:64
III	Mathew Sebastian	Kottayam	04:04:12
IV	Anish Varghese	Kottayam	04:58:66
4 -	<u>400 M. Freestyle</u>		
I	SIBUMON T M	Ernakulam	08:27:79
II	Mathew Sebastian	Kottayam	08:30:18
III	RATHEESH KUMAR. R	Kollam	09:07:12
IV	Anish Varghese	Kottayam	09:47:55
V	MANUJ NARAYAN OS	Thrissur	12:43:54
5 -	<u>50 M. Back stroke</u>		
I	SUDHEESH B	Alappuzha	00:38:41
II	BINOY SCARIA	Alappuzha	00:38:89
III	Mathew Sebastian	Kottayam	01:02:16
6 -	<u>100 M. Back stroke</u>		
I	BINOY SCARIA	Alappuzha	01:36:67
7 -	<u>50 M. Breast stroke</u>		
I	BINOY SCARIA	Alappuzha	00:42:35
II	JOHN PAUL PC	Alappuzha	00:45:18
8 -	<u>100 M. Breast stroke</u>		
I	RATHEESH KUMAR. R	Kollam	02:09:44
9 -	<u>50 M. Butterfly stroke</u>		
I	Janeesh ET	Alappuzha	00:32:69
II	Mobiraj T	Thrissur	00:35:06
III	Anish Varghese	Kottayam	00:56:57
10 -	<u>100 M. Butterfly stroke</u>		
I	Janeesh ET	Alappuzha	01:19:36
II	Mobiraj T	Thrissur	01:22:09
III	Dr Bibin P Mathew	Kottayam	01:28:36
11 -	<u>200 M. Individual Medley</u>		
I	Janeesh ET	Alappuzha	03:12:12
II	Anish Varghese	Kottayam	05:33:52

Men Group 45-49

1 -	<u>50 M. Freestyle</u>		
I	JOSEPH XAVIER	Alappuzha	00:27:39
II	BINOY KUTTAPPAN	Alappuzha	00:30:38
III	PRASAD P V	Thrissur	00:40:30
IV	ABDUL ABSER C A	Thrissur	01:01:03
2 -	<u>100 M. Freestyle</u>		
I	JOSHY JOSEPH	Alappuzha	01:11:59
II	ABILASH M	Alappuzha	01:18:80
III	M MURUGAN	Thrissur	01:31:90
IV	Denny Alex	Kottayam	01:33:42
V	PRASAD P V	Thrissur	01:33:48
3 -	<u>200 M. Freestyle</u>		
I	JOSHY JOSEPH	Alappuzha	02:48:80
II	M MURUGAN	Thrissur	04:33:39
III	PRASAD P V	Thrissur	05:23:12
4 -	<u>400 M. Freestyle</u>		
I	ABILASH M	Alappuzha	08:13:35
II	PRASAD P V	Thrissur	08:57:64
5 -	<u>50 M. Back stroke</u>		
I	JOSHY JOSEPH	Alappuzha	00:35:36
II	BINOY KUTTAPPAN	Alappuzha	00:40:05
III	BIJU MA	Alappuzha	00:41:98
6 -	<u>100 M. Back stroke</u>		
I	BIJU MA	Alappuzha	01:40:60
II	Denny Alex	Kottayam	02:01:20
7 -	<u>50 M. Breast stroke</u>		
I	BINOMON DEVASIA	Alappuzha	00:40:84
II	ABILASH M	Alappuzha	00:41:22
III	BINOY KUTTAPPAN	Alappuzha	00:43:89
IV	M MURUGAN	Thrissur	00:50:64
8 -	<u>100 M. Breast stroke</u>		
I	JOSHY JOSEPH	Alappuzha	01:27:65
II	ABILASH M	Alappuzha	01:33:24
III	BINOMON DEVASIA	Alappuzha	01:36:11
IV	M MURUGAN	Thrissur	01:53:11
9 -	<u>50 M. Butterfly stroke</u>		
I	JOSEPH XAVIER	Alappuzha	00:31:94
II	BINOY KUTTAPPAN	Alappuzha	00:36:80
III	Denny Alex	Kottayam	00:53:64
10 -	<u>100 M. Butterfly stroke</u>		
I	BINOMON DEVASIA	Alappuzha	01:30:89
11 -	<u>200 M. Individual Medley</u>		
I	JOSEPH XAVIER	Alappuzha	03:01:20
II	BINOMON DEVASIA	Alappuzha	03:39:27

Men Group 50-54

1 -	<u>50 M. Freestyle</u>		
I	LIJUMATHEW	Kozhikode	00:31:66
II	SAJI JAMES K	Kasargod	00:32:20
III	PS SURESH BABU	Thrissur	00:36:28
IV	USMAN	Malappuram	00:45:23
V	MOIDHEEN KOYA	Malappuram	00:57:94
VI	VT Ranjith	Thrissur	01:16:64

2 -	<u>100 M. Freestyle</u>		
I	LIJUMATHEW	Kozhikode	01:15:78
II	SAJI JAMES K	Kasargod	01:19:16
III	SCARIA JOSEPH	Thrissur	01:54:37
IV	VT Ranjith	Thrissur	02:48:53
3 -	<u>400 M. Freestyle</u>		
I	BIJU E C	Thrissur	09:51:60
4 -	<u>50 M. Back stroke</u>		
I	JAYAPRAKASH M V	Thrissur	00:41:32
II	LIJUMATHEW	Kozhikode	00:42:63
III	VT Ranjith	Thrissur	01:39:72
5 -	<u>100 M. Back stroke</u>		
I	LIJUMATHEW	Kozhikode	01:39:67
II	PS SURESH BABU	Thrissur	02:04:00
III	SCARIA JOSEPH	Thrissur	02:40:94
IV	BIJU E C	Thrissur	02:45:08
6 -	<u>50 M. Breast stroke</u>		
I	JAYAPRAKASH M V	Thrissur	00:42:68
II	SAJI JAMES K	Kasargod	00:44:87
III	PS SURESH BABU	Thrissur	00:50:61
IV	SCARIA JOSEPH	Thrissur	01:13:35
7 -	<u>100 M. Breast stroke</u>		
I	JAYAPRAKASH M V	Thrissur	01:40:55
II	SAJI JAMES K	Kasargod	01:47:61
III	MUSTHAFA M	Malappuram	02:15:02
8 -	<u>50 M. Butterfly stroke</u>		
I	JAYAPRAKASH M V	Thrissur	00:40:07
9 -	<u>100 M. Butterfly stroke</u>		
I	BIJU E C	Thrissur	03:07:07
10 -	<u>200 M. Individual Medley</u>		
I	PS SURESH BABU	Thrissur	05:11:08
II	BIJU E C	Thrissur	05:57:51

Men Group 55-59

1 -	<u>50 M. Freestyle</u>		
I	IC PRADEEPAN	Thrissur	00:29:89
II	JOSSY JOSEPH	Alappuzha	00:30:58
III	BIJU JOSEPH	Kasargod	00:31:89
IV	SURESH V R	Alappuzha	00:32:02
V	JOY KC	Kannur	00:33:24
VI	SHAJU M G	Thrissur	00:45:27
2 -	<u>100 M. Freestyle</u>		
I	BIJU JOSEPH	Kasargod	01:13:29
II	JOY KC	Kannur	01:14:37
III	IC PRADEEPAN	Thrissur	01:18:06
IV	ANILKUMAR.PD	Thrissur	01:19:20
3 -	<u>200 M. Freestyle</u>		
I	K. Sasindran	Thrissur	02:40:89
II	JOY KC	Kannur	02:57:06
III	IC PRADEEPAN	Thrissur	03:17:09
IV	SHAJIMON KC	Alappuzha	03:23:03

4 -	<u>400 M. Freestyle</u>		
I	JOY KC	Kannur	06:30:32
II	IC PRADEEPAN	Thrissur	06:38:28
III	ANILKUMAR.PD	Thrissur	06:44:09
IV	Jayakumar R	Thiruvananthapuram	06:44:10
V	MOHAMMAD BASHEER	Malappuram	08:09:43
VI	George Varghese	Thiruvananthapuram	10:43:25
5 -	<u>50 M. Back stroke</u>		
I	JOSSY JOSEPH	Alappuzha	00:34:36
II	BIJU JOSEPH	Kasargod	00:37:59
III	MATHEW JOSEPH	Kottayam	00:39:25
IV	SANU B	Thiruvananthapuram	00:53:29
V	RAJEEV. T. D.	Thrissur	01:10:39
6 -	<u>100 M. Back stroke</u>		
I	BIJU JOSEPH	Kasargod	01:25:94
II	ANILKUMAR.PD	Thrissur	01:33:79
III	SHAJU M G	Thrissur	02:08:90
7 -	<u>50 M. Breast stroke</u>		
I	JOSSY JOSEPH	Alappuzha	00:39:46
II	KP NIXON	Alappuzha	00:44:84
III	SHAJIMON KC	Alappuzha	00:47:98
8 -	<u>100 M. Breast stroke</u>		
I	JOSSY JOSEPH	Alappuzha	01:29:59
II	MATHEW JOSEPH	Kottayam	01:32:35
III	KP NIXON	Alappuzha	01:48:66
IV	SHAJIMON KC	Alappuzha	01:52:48
V	MOHAMMAD BASHEER	Malappuram	02:01:14
VI	RAJEEV. T. D.	Thrissur	02:21:41
9 -	<u>50 M. Butterfly stroke</u>		
I	K. Sasindran	Thrissur	00:30:75
II	SURESH V R	Alappuzha	00:36:81
III	KP NIXON	Alappuzha	00:41:57
10-	<u>100 M. Butterfly stroke</u>		
I	K. Sasindran	Thrissur	01:13:52
II	SURESH V R	Alappuzha	01:33:24
III	Jayakumar R	Thiruvananthapuram	01:43:77
IV	SHAJU M G	Thrissur	01:56:55
11-	<u>200 M. Individual Medley</u>		
I	K. Sasindran	Thrissur	02:57:22
II	SURESH V R	Alappuzha	03:31:28
III	Jayakumar R	Thiruvananthapuram	03:39:33
IV	KP NIXON	Alappuzha	03:43:14
V	SHAJU M G	Thrissur	04:05:90

Men Group 60-64

1 -	<u>50 M. Freestyle</u>		
I	Dr Babu Sebastian	Kottayam	00:34:09
II	Mars Mathew	Kottayam	00:35:78
III	AJAYAKUMAR R S	Alappuzha	00:36:88
IV	AUGUSTINE V A	Thrissur	00:36:90
V	Savio. Thomas	Kannur	00:37:58
VI	Mohandas M S	Kottayam	00:40:83
VII	PRADEEPKUMAR. C.P	Kozhikode	00:51:47
VIII	ABDUL RAHIMAN K.S	Thrissur	01:12:46

2 -	<u>100 M. Freestyle</u>		
I	Dr Babu Sebastian	Kottayam	01:21:98
II	Devanand N S	Thiruvananthapuram	01:24:10
III	KRISHNA KUMAR MP	Thrissur	01:26:27
IV	Babu Scariya	Kottayam	01:26:57
V	SAJI GEORGE	Kottayam	01:30:79
VI	Mohandas M S	Kottayam	01:40:23
VII	MADHAVAN VG	Thrissur	02:26:67
3 -	<u>200 M. Freestyle</u>		
I	MANIKANDAN KANDETH	Thrissur	02:45:86
II	U SURESH KUMAR	Kannur	03:04:88
III	AUGUSTINE V A	Thrissur	03:24:52
IV	KRISHNA KUMAR MP	Thrissur	03:29:35
V	JAMES AUGUSTINE	Kottayam	03:47:16
4 -	<u>400 M. Freestyle</u>		
I	U SURESH KUMAR	Kannur	06:36:91
II	Devanand N S	Thiruvananthapuram	07:05:77
III	AUGUSTINE V A	Thrissur	07:17:28
IV	KRISHNA KUMAR MP	Thrissur	07:34:35
V	JAMES AUGUSTINE	Kottayam	07:59:59
5 -	<u>50 M. Back stroke</u>		
I	Mars Mathew	Kottayam	00:44:43
II	Devanand N S	Thiruvananthapuram	00:44:57
III	AJAYAKUMAR R S	Alappuzha	00:46:30
IV	Savio. Thomas	Kannur	00:52:43
V	PRADEEPKUMAR. C.P	Kozhikode	01:13:21
VI	MADHAVAN VG	Thrissur	01:23:13
6 -	<u>100 M. Back stroke</u>		
I	MANIKANDAN KANDETH	Thrissur	01:25:02
II	Babu Scariya	Kottayam	01:57:65
III	Ravi C.U	Thrissur	03:08:77
7 -	<u>50 M. Breast stroke</u>		
I	AJAYAKUMAR R S	Alappuzha	00:52:61
II	Savio. Thomas	Kannur	00:53:00
III	Mohandas M S	Kottayam	00:55:42
8 -	<u>100 M. Breast stroke</u>		
I	Devanand N S	Thiruvananthapuram	01:50:37
II	Johnson K M	Kottayam	02:15:26
III	MADHAVAN VG	Thrissur	02:16:29
IV	Ravi C.U	Thrissur	02:28:87
V	PRADEEPKUMAR. C.P	Kozhikode	02:29:53
VI	HAMZA KP	Malappuram	03:19:15
VII	KAMARUDHEEN	Malappuram	04:11:92
9 -	<u>50 M. Butterfly stroke</u>		
I	U SURESH KUMAR	Kannur	00:36:84
II	Dr Babu Sebastian	Kottayam	00:37:45
III	KRISHNA KUMAR MP	Thrissur	00:43:20
IV	Mohandas M S	Kottayam	00:44:31
V	SAJI GEORGE	Kottayam	00:48:28
VI	Savio. Thomas	Kannur	00:51:38
10 -	<u>100 M. Butterfly stroke</u>		
I	MANIKANDAN KANDETH	Thrissur	01:32:48
II	Johnson K M	Kottayam	02:06:84
III	JAMES AUGUSTINE	Kottayam	02:15:88
IV	MADHAVAN VG	Thrissur	02:37:05

11-	<u>200 M. Individual Medley</u>		
I	MANIKANDAN KANDETH	Thrissur	03:18:05
II	Johnson K M	Kottayam	04:39:60
III	JAMES AUGUSTINE	Kottayam	04:47:57
IV	Ravi C.U	Thrissur	06:05:12

Men Group 65-69

1 -	<u>50 M. Freestyle</u>		
I	M.V. JOY	Kottayam	00:41:24
II	P. A VARGHESE	Thrissur	00:41:43
III	MIUS C L	Thrissur	00:42:21
IV	DEVASIA K.I	Kottayam	00:45:44
V	ABOBACKER	Malappuram	00:56:28
VI	JOY K G	Thrissur	00:58:67
2 -	<u>100 M. Freestyle</u>		
I	Jagajeeve Gopinathan Nair	Kottayam	01:37:65
II	M.V. JOY	Kottayam	01:45:65
III	JOY K G	Thrissur	02:05:71
3 -	<u>200 M. Freestyle</u>		
I	Jagajeeve Gopinathan Nair	Kottayam	03:40:25
4 -	<u>400 M. Freestyle</u>		
I	Jagajeeve Gopinathan Nair	Kottayam	07:52:46
II	S. Jayakumar	Thiruvananthapuram	08:53:62
III	ABDU NASSIR KV	Malappuram	12:48:79
IV	THOMAS POTHEN	Pathanamthitta	14:50:93
5 -	<u>50 M. Back stroke</u>		
I	MIUS C L	Thrissur	00:48:90
II	DEVASIA K.I	Kottayam	00:57:34
III	ABDU NASSIR KV	Malappuram	01:01:14
IV	M.V. JOY	Kottayam	01:02:99
6 -	<u>100 M. Back stroke</u>		
I	MIUS C L	Thrissur	02:25:33
7 -	<u>50 M. Breast stroke</u>		
I	M.V. JOY	Kottayam	00:56:34
II	JOY K G	Thrissur	01:10:56
8 -	<u>100 M. Breast stroke</u>		
I	JOY K G	Thrissur	03:05:39
9 -	<u>50 M. Butterfly stroke</u>		
I	S. Jayakumar	Thiruvananthapuram	00:49:38
II	P. A VARGHESE	Thrissur	00:51:30
III	MIUS C L	Thrissur	00:52:55
10-	<u>100 M. Butterfly stroke</u>		
I	S. Jayakumar	Thiruvananthapuram	02:03:97
II	P. A VARGHESE	Thrissur	02:11:29
11-	<u>200 M. Individual Medley</u>		
I	Jagajeeve Gopinathan Nair	Kottayam	04:21:04
II	S. Jayakumar	Thiruvananthapuram	04:37:47

Men Group 70-74

1 -	<u>50 M. Freestyle</u>		
I	Alex Menampampil	Kottayam	00:44:82
II	NARAYANAN NAIR .K	Kozhikode	00:54:21
2 -	<u>100 M. Freestyle</u>		
I	Alex Menampampil	Kottayam	01:59:20
II	Ravieendran PS	Thrissur	02:04:10
III	GOPALAN RAJU	Thrissur	02:04:51
3 -	<u>200 M. Freestyle</u>		
I	UMASHANKAR P	Thrissur	04:41:88
II	Ravieendran PS	Thrissur	04:56:66
III	P S KRISHNAN	Thrissur	06:07:20
4 -	<u>400 M. Freestyle</u>		
I	UMASHANKAR P	Thrissur	10:02:08
II	Ravieendran PS	Thrissur	10:36:21
III	V PRABHAKARAN NAIR	Thrissur	13:27:58
5 -	<u>50 M. Back stroke</u>		
I	Vijayan	Thiruvananthapuram	00:50:30
II	Alex Menampampil	Kottayam	01:11:41
III	NARAYANAN NAIR .K	Kozhikode	01:20:93
6 -	<u>100 M. Back stroke</u>		
I	UMASHANKAR P	Thrissur	02:28:62
II	NARAYANAN NAIR .K	Kozhikode	02:58:73
III	GOPALAN RAJU	Thrissur	03:29:72
IV	KUMARAN. P. K	Thrissur	04:34:10
7 -	<u>50 M. Breast stroke</u>		
I	Vijayan	Thiruvananthapuram	00:49:06
II	PS RAVEENDRAN	Thrissur	01:04:73
8 -	<u>100 M. Breast stroke</u>		
I	Vijayan	Thiruvananthapuram	01:56:13
II	GOPALAN RAJU	Thrissur	02:44:37
III	Ravieendran PS	Thrissur	02:44:39
IV	V PRABHAKARAN NAIR	Thrissur	03:16:19
V	KUMARAN. P. K	Thrissur	04:11:38
9 -	<u>50 M. Butterfly stroke</u>		
I	Vijayan	Thiruvananthapuram	00:42:41
II	NARAYANAN NAIR .K	Kozhikode	01:04:43
III	P S KRISHNAN	Thrissur	01:20:78
10 -	<u>100 M. Butterfly stroke</u>		
I	GOPALAN RAJU	Thrissur	02:49:90
II	V PRABHAKARAN NAIR	Thrissur	03:38:12
III	KUMARAN. P. K	Thrissur	04:39:36
11 -	<u>200 M. Individual Medley</u>		
I	UMASHANKAR P	Thrissur	05:39:42
II	PS RAVEENDRAN	Thrissur	05:41:29
III	P S KRISHNAN	Thrissur	06:21:93
IV	V PRABHAKARAN NAIR	Thrissur	06:57:09
V	KUMARAN. P. K	Thrissur	08:42:01

Men Group 75-79

1 -	<u>50 M. Freestyle</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	00:44:69
II	THOMAS A	Kottayam	00:49:86
III	JACOB AP	Thrissur	01:03:40
IV	M S Chandrasekharan Nair	Kottayam	01:09:99
V	ABDULLA KUTTY KR	Malappuram	01:13:21
2 -	<u>100 M. Freestyle</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	01:38:75
II	JACOB AP	Thrissur	02:24:12
3 -	<u>200 M. Freestyle</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	03:40:53
4 -	<u>400 M. Freestyle</u>		
I	ABDULLA KUTTY KR	Malappuram	15:58:53
5 -	<u>50 M. Back stroke</u>		
I	THOMAS A	Kottayam	01:04:35
II	SIVASANKARAN P.U.	Thrissur	01:20:16
III	M S Chandrasekharan Nair	Kottayam	01:24:29
IV	ABDULLA KUTTY KR	Malappuram	01:31:84
V	Alphonse Ligory Mathew	Kottayam	01:52:83
6 -	<u>100 M. Back stroke</u>		
I	SIVASANKARAN P.U.	Thrissur	02:56:11
II	Alphonse Ligory Mathew	Kottayam	04:04:57
7 -	<u>50 M. Breast stroke</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	01:15:19
II	JACOB AP	Thrissur	01:33:00
8 -	<u>100 M. Breast stroke</u>		
I	M S Chandrasekharan Nair	Kottayam	03:08:46
II	JACOB AP	Thrissur	03:15:59
III	SIVASANKARAN P.U.	Thrissur	03:43:78
IV	Alphonse Ligory Mathew	Kottayam	03:56:17
9 -	<u>50 M. Butterfly stroke</u>		
I	THOMAS A	Kottayam	01:07:55
II	SIVASANKARAN P.U.	Thrissur	01:35:26
10-	<u>200 M. Individual Medley</u>		
I	THOMAS A	Kottayam	06:31:31

Men Group 80-84

1 -	<u>50 M. Freestyle</u>		
I	PROF.K.C.SEBASTIAN.	Kottayam	00:44:36
II	Parasuram D	Thrissur	01:49:09
2 -	<u>100 M. Freestyle</u>		
I	PROF.K.C.SEBASTIAN.	Kottayam	01:57:81
II	K.E.THOMAS.	Kottayam	02:33:47
III	Parasuram D	Thrissur	04:18:80
3 -	<u>50 M. Back stroke</u>		
I	TOMY MATHEW.	Kottayam	01:15:12
II	K.E.THOMAS.	Kottayam	01:30:67
III	Parasuram D	Thrissur	02:04:93
4 -	<u>100 M. Back stroke</u>		
I	TOMY MATHEW.	Kottayam	03:09:35
II	Parasuram D	Thrissur	04:46:55

5 -	<u>50 M. Breast stroke</u>		
I	TOMY MATHEW.	Kottayam	01:12:36
II	K.E.THOMAS.	Kottayam	01:46:99
6 -	<u>100 M. Breast stroke</u>		
I	TOMY MATHEW.	Kottayam	02:55:77
7 -	<u>50 M. Butterfly stroke</u>		
I	PROF.K.C.SEBASTIAN.	Kottayam	00:58:04
II	K.E.THOMAS.	Kottayam	01:16:88
8 -	<u>100 M. Butterfly stroke</u>		
I	PROF.K.C.SEBASTIAN.	Kottayam	03:09:36

Men Group 85-89

1 -	<u>50 M. Freestyle</u>		
I	V G SUBRAMANIAN	Thrissur	01:23:43
2 -	<u>100 M. Freestyle</u>		
I	V G SUBRAMANIAN	Thrissur	03:36:89
3 -	<u>100 M. Breast stroke</u>		
I	V G SUBRAMANIAN	Thrissur	03:47:21
4 -	<u>50 M. Butterfly stroke</u>		
I	V G SUBRAMANIAN	Thrissur	01:41:16

Men Group 90 and above

1 -	<u>50 M. Freestyle</u>		
I	PROF MATHEW	Thrissur	01:27:23
2 -	<u>50 M. Back stroke</u>		
I	PROF MATHEW	Thrissur	01:33:55
3 -	<u>50 M. Breast stroke</u>		
I	PROF MATHEW	Thrissur	01:39:87
4 -	<u>50 M. Butterfly stroke</u>		
I	PROF MATHEW	Thrissur	02:09:93

Women Group 25-29

1 -	<u>50 M. Freestyle</u>		
I	ASWATHI. K	Kozhikode	00:42:57
2 -	<u>100 M. Freestyle</u>		
I	ASWATHI. K	Kozhikode	01:47:27
3 -	<u>50 M. Back stroke</u>		
I	ASWATHI. K	Kozhikode	00:51:40
4 -	<u>50 M. Breast stroke</u>		
I	ASWATHI. K	Kozhikode	01:01:65

Women Group 30-34

1 -	<u>50 M. Freestyle</u>		
I	LIBIYAMOL P BABU	Kottayam	00:35:53
II	MALU N K	Kozhikode	00:41:16
III	SREESHNA K NAIR	Thrissur	00:57:19
IV	Saranya V	Kottayam	01:01:94
V	Haritha Raju	Kollam	01:07:89
2 -	<u>100 M. Freestyle</u>		
I	LIBIYAMOL P BABU	Kottayam	01:26:20
II	SWATHY S	Thrissur	02:05:99
III	SREESHNA K NAIR	Thrissur	02:24:84

3 -	<u>200 M. Freestyle</u>		
I	SWATHY S	Thrissur	04:56:67
4 -	<u>400 M. Freestyle</u>		
I	RAJESWARI C	Thrissur	07:11:48
II	SWATHY S	Thrissur	10:18:17
III	Greeshma	Ernakulam	10:40:27
5 -	<u>50 M. Back stroke</u>		
I	RAJESWARI C	Thrissur	00:44:53
II	SREESHNA K NAIR	Thrissur	01:23:16
III	Greeshma	Ernakulam	01:25:71
IV	Fasna MP	Kozhikode	01:28:32
6 -	<u>100 M. Back stroke</u>		
I	RAJESWARI C	Thrissur	01:42:04
II	MALU N K	Kozhikode	01:50:55
7 -	<u>50 M. Breast stroke</u>		
I	LIBIYAMOL P BABU	Kottayam	00:48:31
II	SREESHNA K NAIR	Thrissur	01:10:40
III	SWATHY S	Thrissur	01:23:68
8 -	<u>100 M. Breast stroke</u>		
I	LIBIYAMOL P BABU	Kottayam	01:50:37
II	MALU N K	Kozhikode	01:55:75
9 -	<u>50 M. Butterfly stroke</u>		
I	MALU N K	Kozhikode	00:51:67
10 -	<u>100 M. Butterfly stroke</u>		
I	Fasna MP	Kozhikode	03:15:39
11 -	<u>200 M. Individual Medley</u>		
I	RAJESWARI C	Thrissur	03:49:34
II	Fasna MP	Kozhikode	06:27:58

Women Group 35-39

1 -	<u>50 M. Freestyle</u>		
I	JULIE JOSEPH	Kottayam	00:37:36
II	JACKLIN SIMON	Kottayam	01:34:30
2 -	<u>100 M. Freestyle</u>		
I	JULIE JOSEPH	Kottayam	01:24:63
II	Aswathy V	Thrissur	01:28:12
III	SUBHA.S	Kollam	01:40:36
3 -	<u>200 M. Freestyle</u>		
I	Aswathy V	Thrissur	04:11:85
4 -	<u>400 M. Freestyle</u>		
I	PREMAKUMARI S	Thrissur	06:36:74
5 -	<u>50 M. Back stroke</u>		
I	Shelvi Elias	Kottayam	00:50:61
II	JACKLIN SIMON	Kottayam	01:37:04
6 -	<u>100 M. Back stroke</u>		
I	Shelvi Elias	Kottayam	01:54:79
II	SUBHA.S	Kollam	02:06:17
III	JACKLIN SIMON	Kottayam	03:51:02
7 -	<u>50 M. Breast stroke</u>		
I	Aswathy V	Thrissur	00:46:15
II	JULIE JOSEPH	Kottayam	00:46:85
III	SUBHA.S	Kollam	00:50:58
IV	JACKLIN SIMON	Kottayam	02:08:05

8 -	<u>100 M. Breast stroke</u>		
I	JULIE JOSEPH	Kottayam	01:44:40
II	SUBHA.S	Kollam	01:50:17
III	Aswathy V	Thrissur	01:58:84
9 -	<u>50 M. Butterfly stroke</u>		
I	PREMAKUMARI S	Thrissur	00:36:98
II	Shelvi Elias	Kottayam	00:51:82
10-	<u>100 M. Butterfly stroke</u>		
I	PREMAKUMARI S	Thrissur	01:34:10
II	Shelvi Elias	Kottayam	02:04:85
11-	<u>200 M. Individual Medley</u>		
I	PREMAKUMARI S	Thrissur	03:33:01

Women Group 40-44

1 -	<u>50 M. Freestyle</u>		
I	Namitha V Krishna	Kottayam	01:08:92
2 -	<u>100 M. Freestyle</u>		
I	SUPRIYA MIRIAM	Kottayam	02:47:13
3 -	<u>200 M. Freestyle</u>		
I	Archana G	Thiruvananthapuram	04:08:34
II	SUPRIYA MIRIAM	Kottayam	06:20:93
III	Namitha V Krishna	Kottayam	06:38:47
4 -	<u>400 M. Freestyle</u>		
I	SUPRIYA MIRIAM	Kottayam	13:31:64
5 -	<u>50 M. Back stroke</u>		
I	Archana G	Thiruvananthapuram	00:47:29
II	SUPRIYA MIRIAM	Kottayam	01:37:56
6 -	<u>100 M. Back stroke</u>		
I	Archana G	Thiruvananthapuram	01:51:63
7 -	<u>50 M. Breast stroke</u>		
I	ANEESHA K R	Thiruvananthapuram	00:50:53
8 -	<u>100 M. Breast stroke</u>		
I	ANEESHA K R	Thiruvananthapuram	01:54:68
9 -	<u>200 M. Individual Medley</u>		
I	ANEESHA K R	Thiruvananthapuram	04:09:63
II	Archana G	Thiruvananthapuram	04:19:28

Women Group 45-49

1 -	<u>50 M. Freestyle</u>		
I	SHIJINI I V	Kollam	00:46:67
II	DR.REKHA JOSE	Kozhikode	01:02:70
III	REKHA MALATHI	Thrissur	01:29:70
2 -	<u>100 M. Freestyle</u>		
I	Sunitha Prasad	Thrissur	01:51:06
II	DR.REKHA JOSE	Kozhikode	02:44:83
III	REKHA MALATHI	Thrissur	03:29:23
3 -	<u>200 M. Freestyle</u>		
I	REKHA MALATHI	Thrissur	05:18:42
4 -	<u>400 M. Freestyle</u>		
I	REKHA MALATHI	Thrissur	14:58:32

5 -	<u>50 M. Back stroke</u>		
I	SHIJINI I V	Kollam	00:55:31
II	DR.REKHA JOSE	Kozhikode	01:17:30
6 -	<u>100 M. Back stroke</u>		
I	SHIJINI I V	Kollam	02:10:71
7 -	<u>50 M. Breast stroke</u>		
I	SHIJINI I V	Kollam	01:04:12
8 -	<u>100 M. Breast stroke</u>		
I	Sunitha Prasad	Thrissur	02:10:44
9 -	<u>50 M. Butterfly stroke</u>		
I	Sunitha Prasad	Thrissur	00:57:22
10-	<u>200 M. Individual Medley</u>		
I	Sunitha Prasad	Thrissur	04:34:56

Women Group 50-54

1 -	<u>50 M. Freestyle</u>		
I	Radhamani A J	Kottayam	00:59:66
2 -	<u>100 M. Freestyle</u>		
I	Sudheshna.M	Thrissur	02:00:99
II	Radhamani A J	Kottayam	02:29:46
III	A N Sobha	Kottayam	02:44:43
3 -	<u>200 M. Freestyle</u>		
I	Radhamani A J	Kottayam	05:50:45
II	A N Sobha	Kottayam	06:42:69
4 -	<u>400 M. Freestyle</u>		
I	Radhamani A J	Kottayam	12:36:17
II	LATHA KRISHNAkUMAR	Thrissur	13:33:99
5 -	<u>50 M. Back stroke</u>		
I	Sudheshna.M	Thrissur	00:57:78
II	A N Sobha	Kottayam	01:20:86
6 -	<u>100 M. Back stroke</u>		
I	Sudheshna.M	Thrissur	01:19:58
II	A N Sobha	Kottayam	03:05:83
7 -	<u>50 M. Breast stroke</u>		
I	PRAMEELA. S	Thrissur	01:04:70
II	LATHA KRISHNAkUMAR	Thrissur	01:16:71
8 -	<u>100 M. Breast stroke</u>		
I	PRAMEELA. S	Thrissur	02:23:85
II	LATHA KRISHNAkUMAR	Thrissur	02:58:05
9 -	<u>50 M. Butterfly stroke</u>		
I	Sudheshna.M	Thrissur	01:01:68
II	PRAMEELA. S	Thrissur	01:26:44
10-	<u>100 M. Butterfly stroke</u>		
I	PRAMEELA. S	Thrissur	04:02:49
11-	<u>200 M. Individual Medley</u>		
I	LATHA KRISHNAkUMAR	Thrissur	06:46:81

Women Group 55-59

1 -	<u>50 M. Freestyle</u>		
I	SUSEELA P M	Thrissur	00:39:96
II	Chandramma V S	Kottayam	00:57:30
III	JAYASREE K	Thrissur	01:45:31
2 -	<u>100 M. Freestyle</u>		
I	SUSEELA P M	Thrissur	01:29:35
II	SHINY ANTONY	Kottayam	02:57:77
3 -	<u>200 M. Freestyle</u>		
I	SUSEELA P M	Thrissur	03:24:51
4 -	<u>400 M. Freestyle</u>		
I	SUSEELA P M	Thrissur	07:23:28
5 -	<u>50 M. Back stroke</u>		
I	Chandramma V S	Kottayam	01:27:00
II	JAYASREE K	Thrissur	01:50:12
6 -	<u>100 M. Back stroke</u>		
I	Uma Sridhar	Thrissur	03:22:04
7 -	<u>50 M. Breast stroke</u>		
I	SHINY ANTONY	Kottayam	01:54:14
8 -	<u>100 M. Breast stroke</u>		
I	SHINY ANTONY	Kottayam	04:03:17
II	Anuradha Menon	Thrissur	05:13:84
9 -	<u>50 M. Butterfly stroke</u>		
I	Uma Sridhar	Thrissur	01:38:42
II	Anuradha Menon	Thrissur	02:28:18
10 -	<u>100 M. Butterfly stroke</u>		
I	Uma Sridhar	Thrissur	03:34:46
II	Anuradha Menon	Thrissur	05:22:17
11 -	<u>200 M. Individual Medley</u>		
I	Uma Sridhar	Thrissur	06:37:59
II	SHINY ANTONY	Kottayam	08:23:66
III	Anuradha Menon	Thrissur	11:22:24

Women Group 60-64

1 -	<u>50 M. Freestyle</u>		
I	Alphonsa JOSEPH	Kottayam	01:07:04
II	RITA FRANCIS	Thrissur	01:13:13
III	LUCY JOSEPH	Kottayam	02:05:90
2 -	<u>100 M. Freestyle</u>		
I	SUGANDHI HEMJITH	Thrissur	02:55:26
II	SNEHAPRABHA P	Kozhikode	02:56:50
3 -	<u>200 M. Freestyle</u>		
I	USHAKUMARI CN	Thrissur	06:02:18
II	SUGANDHI HEMJITH	Thrissur	07:36:21
4 -	<u>400 M. Freestyle</u>		
I	SUGANDHI HEMJITH	Thrissur	15:12:08
5 -	<u>50 M. Back stroke</u>		
I	Alphonsa JOSEPH	Kottayam	01:14:64
II	RITA FRANCIS	Thrissur	01:42:29
III	SNEHAPRABHA P	Kozhikode	01:51:86
IV	SUGANDHI HEMJITH	Thrissur	01:56:18

6 -	<u>100 M. Back stroke</u>		
I	SNEHAPRABHA P	Kozhikode	04:19:84
7 -	<u>50 M. Breast stroke</u>		
I	Alphonsa JOSEPH	Kottayam	01:19:87
II	RITA FRANCIS	Thrissur	01:41:27
8 -	<u>50 M. Butterfly stroke</u>		
I	Alphonsa JOSEPH	Kottayam	01:14:71
II	USHAKUMARI CN	Thrissur	01:21:48
III	RITA FRANCIS	Thrissur	01:40:20
9 -	<u>100 M. Butterfly stroke</u>		
I	USHAKUMARI CN	Thrissur	03:52:84
10-	<u>200 M. Individual Medley</u>		
I	USHAKUMARI CN	Thrissur	06:34:11

Women Group 65-69

1 -	<u>50 M. Freestyle</u>		
I	LEELA KUMARI	Thiruvananthapuram	00:55:80
II	Siamala P V	Thrissur	01:38:07
III	SORNAVALLY MK	Thrissur	01:54:74
2 -	<u>100 M. Freestyle</u>		
I	ROSAMMA THOMAS	Thrissur	02:34:41
II	MOLY JOSEPH	Thrissur	02:38:91
III	Siamala P V	Thrissur	03:42:76
3 -	<u>200 M. Freestyle</u>		
I	ROSAMMA THOMAS	Thrissur	05:58:35
II	MOLY JOSEPH	Thrissur	06:34:30
4 -	<u>400 M. Freestyle</u>		
I	CELINE M. C.	Kottayam	12:04:18
II	ROSAMMA THOMAS	Thrissur	12:04:78
5 -	<u>50 M. Back stroke</u>		
I	LEELA KUMARI	Thiruvananthapuram	01:05:35
II	ROSAMMA THOMAS	Thrissur	01:27:29
III	SORNAVALLY MK	Thrissur	03:32:01
6 -	<u>100 M. Back stroke</u>		
I	CELINE M. C.	Kottayam	03:05:00
II	MOLY JOSEPH	Thrissur	03:15:52
III	SORNAVALLY MK	Thrissur	06:33:58
7 -	<u>50 M. Breast stroke</u>		
I	PRASANNA KUMARI P	Kottayam	01:04:80
II	LEELA KUMARI	Thiruvananthapuram	01:09:09
III	SORNAVALLY MK	Thrissur	02:31:10
8 -	<u>50 M. Butterfly stroke</u>		
I	PRASANNA KUMARI P	Kottayam	01:04:68
II	LEELA KUMARI	Thiruvananthapuram	01:12:93
9 -	<u>100 M. Butterfly stroke</u>		
I	CELINE M. C.	Kottayam	03:14:01
II	Siamala P V	Thrissur	04:09:29
10-	<u>200 M. Individual Medley</u>		
I	CELINE M. C.	Kottayam	06:04:55
II	MOLY JOSEPH	Thrissur	06:53:58
III	Siamala P V	Thrissur	07:44:29

Women Group 70-74

1 -	<u>50 M. Freestyle</u>			
I	SulekhaATmenon	Thrissur	01:36:18	
2 -	<u>50 M. Breast stroke</u>			
I	SulekhaATmenon	Thrissur	02:14:45	
3 -	<u>100 M. Breast stroke</u>			
I	SulekhaATmenon	Thrissur	05:08:04	
4 -	<u>50 M. Butterfly stroke</u>			
I	SulekhaATmenon	Thrissur	02:09:07	

Women Group 75-79

1 -	<u>50 M. Freestyle</u>			
I	VILASINI K S	Thrissur	01:25:76	
2 -	<u>100 M. Freestyle</u>			
I	VILASINI K S	Thrissur	03:53:99	
3 -	<u>50 M. Back stroke</u>			
I	VILASINI K S	Thrissur	02:02:14	

Women Group 80-84

1 -	<u>50 M. Freestyle</u>			
I	SAVITHRI O.P	Thrissur	02:30:12	
2 -	<u>50 M. Back stroke</u>			
I	SAVITHRI O.P	Thrissur	02:39:04	
3 -	<u>100 M. Butterfly stroke</u>			
I	SAVITHRI O.P	Thrissur	06:00:22	

Women Group 90 and above

1 -	<u>50 M. Back stroke</u>			
I	Sara Varghese	Thiruvananthapuram	03:21:65	

RELAY EVENTS

Men Group 100+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	DIJEESH D NAVEEN KRISHNA	Sabari S UNNI V B	Thrissur	02:12:74
2 -	<u>4x 50 M. Medley Relay</u>			
I	Sabari S DIJEESH D	SUNEESH R DIRAN M	Thrissur	02:19:67

Men Group 120+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	MANOJ M B LAIJU JOHN	SUDHEESH B SUBHEESH	Alappuzha	02:02:15
II	SUNEESH R DIRAN M	Vaishakh.U SUJITH. C. S	Thrissur	02:23:30
III	SOORAJ K NAIR RATHEESH KUMAR. R	RAJAGOPAL V NITHIN K RAJ	Kollam	02:54:44
2 -	<u>4x 50 M. Medley Relay</u>			
I	BINOY SCARIA JOHN PAUL PC	VARGHESE THOMAS LAIJU JOHN	Alappuzha	02:32:70
II	UNNI V B Vaishakh.U	JINAN.E.V SUJITH. C. S	Thrissur	02:58:82

Men Group 160+

1 - 4x 50 M. Freestyle Relay

I	SUJITH PS JOSEPH XAVIER	Janeesh ET	Alappuzha	01:58:20
II	MANOJ R WARRIER M MURUGAN	PS SURESH BABU BIJU E C	Thrissur	03:05:19

2 - 4x 50 M. Medley Relay

I	BIJU MA JOSEPH XAVIER	Janeesh ET BINOMON DEVASIA	Alappuzha	02:30:32
II	Anish Varghese Mathew Sebastian	BIBIN THOMAS Dr Babu Sebastian	Kottayam	03:06:04
III	BIJU E C PS SURESH BABU	JOHN ALAPPAT MANOJ R WARRIER	Thrissur	04:25:37

Men Group 200+

1 - 4x 50 M. Freestyle Relay

I	K. Sasindran MANIKANDAN	Mobiraj T IC PRADEEPAN	Thrissur	02:08:47
II	SHAJIMON KC SURESH V R	JOSSY JOSEPH AJAYAKUMAR R S	Alappuzha	02:17:75
III	Devanand N S RAMESH V	Vijayan Jayakumar R	Thiruvananthapuram	02:35:56
IV			Kottayam	03:04:16

2 - 4x 50 M. Medley Relay

I	K. Sasindran MANIKANDAN	Mobiraj T IC PRADEEPAN	Thrissur	02:24:43
II	SHAJIMON KC SURESH V R	BINOY KUTTAPPAN KP NIXON	Alappuzha	02:45:59
III	Mohandas M S Dr Babu Sebastian	SAJI GEORGE Denny Alex	Kottayam	02:58:85

Men Group 240+

1 - 4x 50 M. Freestyle Relay

I	Dr Babu Sebastian MATHEW JOSEPH	Mohandas M S Mars Mathew	Kottayam	02:24:56
II	ANILKUMAR.PD UMASHANKAR P	JAYAPRAKASH M V KRISHNA KUMAR MP	Thrissur	02:39:46

2 - 4x 50 M. Medley Relay

I	ANILKUMAR.PD JAYAPRAKASH M V	UMASHANKAR P KRISHNA KUMAR MP	Thrissur	03:04:95
II	Jagajeeve Gopinathan Nair Alex Menampampil	M.V. JOY THOMAS A	Kottayam	03:37:82

Men Group 280+

1 - 4x 50 M. Freestyle Relay

I	M S Chandrasekharan nair DEVASIA K.I	Alex Menampampil M.V. JOY	Kottayam	03:23:74
II	PS RAVEENDRAN JACOB AP	KUMARAN. P. K C MURALEEDHARAN	Thrissur	05:12:92

2 - 4x 50 M. Medley Relay

I	Ravieendran PS V PRABHAKARAN NAIR	JACOB AP C MURALEEDHARAN24	Thrissur	05:31:54
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Men Group 320+

1 - 4x 50 M. Freestyle Relay

I	PROF.K.C.SEBASTIAN. TOMY MATHEW.	K.E.THOMAS. THOMAS A	Kottayam	03:48:77
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II	Parasuram D V G SUBRAMANIAN	PROF MATHEW PRABHAKARAN VELLOOR	Thrissur	06:12:96
2 -	<u>4x 50 M. Medley Relay</u>			
I	TOMY MATHEW. Alphonse Ligory Mathew	K.E.THOMAS. PROF.K.C.SEBASTIAN.	Kottayam	05:29:78
II	Parasuram D V G SUBRAMANIAN	PROF MATHEW Prabhakaran	Thrissur	07:06:24

Women Group 120+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	PREMAKUMARI S Aswathy V	RAJESWARI C SWATHY S	Thrissur	03:01:79
II	ASWATHI. K MALU N K	Fasna MP SNEHAPRABHA P	Kozhikode	03:49:95
2 -	<u>4x 50 M. Medley Relay</u>			

I	PREMAKUMARI S RAJESWARI C	Aswathy V SWATHY S	Thrissur	03:12:09
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Women Group 160+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	LIBIYAMOL P BABU Shelvi Elias	JULIE JOSEPH Chandramma V S	Kottayam	02:52:29
II	Sunitha Prasad PRAMEELA. S	SREESHNA K NAIR LATHA KRISHNAKUMAR	Thrissur	04:27:13
2 -	<u>4x 50 M. Medley Relay</u>			

I	PRASANNA KUMARI P JULIE JOSEPH	LIBIYAMOL P BABU Shelvi Elias	Kottayam	03:12:84
II	Sunitha Prasad PRAMEELA. S	JAYASREE K SREESHNA K NAIR	Thrissur	04:56:33
III	SNEHAPRABHA P ASWATHI. K	MALU N K DR.REKHA JOSE	Kozhikode	05:00:09

Women Group 200+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	Sudheshna.M SUSEELA P M	Uma Sridhar JAYASREE K	Thrissur	04:25:01
II	SUPRIYA MIRIAM Radhamani A J	A N Sobha CELINE M. C.	Kottayam	04:34:67
2 -	<u>4x 50 M. Medley Relay</u>			

I	LATHA SUSEELA P M	Uma Sridhar Sudheshna.M	Thrissur	04:41:25
II	A N Sobha SHINY ANTONY	CELINE M. C. Radhamani A J	Kottayam	05:25:16

Women Group 240+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	Siamala P V SORNAVALLY MK	SulekhaATmenon USHAKUMARI CN	Thrissur	06:23:33
2 -	<u>4x 50 M. Medley Relay</u>			
I	MOLY JOSEPH SulekhaATmenon	SORNAVALLY MK USHAKUMARI CN	Thrissur	07:10:12

Over all Championship

Total Points	Unit	POSITION
1580	Thrissur	I
801	Kottayam	II
424	Alappuzha	III
240	Thiruvananthapuram	IV
218	Kozhikode	V
104	Kollam	VI
62	Malappuram	VII
49	Kannur	VIII
48	Kasargod	IX
28	Idukki	X
25	Ernakulam	XI
3	Pathanamthitta	XII